



First Day of Lessons (9/8/09)
Last Day of lessons (5/15/10)



X = Vacation Days-no class!

September 2009

S	M	T	W	T	F	S
		1	2	3	4	5
6	7		9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

December 2009

S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
X	X	X	X	X	X	X
X	X	X	X	X		

March 2010

S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
X	X	X	X	X	X	X
X	29	30	31			

October 2009

S	M	T	W	T	F	S
				1	2	X
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

January 2010

S	M	T	W	T	F	S
					X	X
X	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

April 2010

S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

November 2009

S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
X	X	X	X	X	X	X
X	30					

February 2010

S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28						

May 2010

S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

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Questions?

Wendy Prystupa @ 303-729-2556

EMAIL: wprystupa@powerwellness.com (preferred method of communication)

Please complete this form if you are not a member of
Lakeshore Athletic Club.

STROKE SCHOOL GUEST REGISTRATION

NAME OF PARENT: _____
(Please Print)

NAME OF CHILDREN : _____

ADDRESS: _____ CITY _____ STATE _____ ZIP _____

PHONE: _____

Time of Lesson: _____ Today's Date: _____

All exercises and use of all facilities shall be undertaken by the guest at the guest's sole risk. The club shall not be liable for any claims, demands, injuries, damages, action or causes of action whatsoever, to person or property arising out of or connected with the use of any of the services or facilities of the Club or the premises where the same are located or arising out of acts of active or possible negligence on the part of the Club, its employees or agents.

I have read this agreement and the rules and regulations of the Club which are incorporated herein by reference and I agree to be bound by the terms and conditions.



GUEST SIGNATURE: _____