

Testimonials

I was a believer in acupuncture and Chinese herbs before I met you, but I never had a practitioner who could articulate the treatment and healing process as well as you do. You have treated me for several different issues and each time I have had excellent and sometimes spectacular results. Your herb prescriptions have been very effective with no side affects."

Sandra C

My skin is healthier now than it has been in years thanks to your treatments!
-BD

"I'll never forget you. You might remember, I was the one who was suffering so badly with my taking Lipitor...Thanks to your acupuncture and herbs, my cholesterol and triglyceride numbers are normal. At this time I'm off all medications and I'm just trying to stay one step ahead of it."

-Alan J.

"I walked into your office limping with back pain and walked out an hour later with no pain or discomfort at all and walking completely normal. Thank you, Mary Anne! You are amazing!" -Brenda B.

Come in for Acupuncture today and experience the benefits it can have for YOU!

For more information please contact MaryAnne

Phone: 720.201.4101

Email: mbachia@yahoo.com

To book an appointment please contact
The Spa at Lakeshore



300 Summit Blvd
Broomfield, CO 80021

Phone: 303-729-2551
Fax: 303-729-2550

Email:
Lakeshorespa@powerwellness.com

Acupuncture & Chinese Medicine



MaryAnne Bachia L.Ac
Diplomat of Chinese Herbs



What is Acupuncture?

Chinese Medicine is a comprehensive system of health care that is used to diagnose and treat illness, manage chronic disorders, alleviate pain and promote health through prevention. It is a holistic system including acupuncture, Chinese herbs, moxibustion, cupping, nutrition and lifestyle changes.

How does Chinese Medicine work?

- Chinese Medicine is based on the concept that the body is a bio-energetic system, reflecting the balance between health and disease.
- The energy, or qi, (pronounced 'chee'), flows through energy channels or meridians. Meridians make up a physiological map on the body which is not associated with specific muscles, blood vessels or with the nervous system.
- When the flow of qi is disturbed or diminished, disease is likely to occur. Stimulating appropriate points on the meridians causes blocked energy to be released and the system's balance can be restored.

What Does Acupuncture Treat?

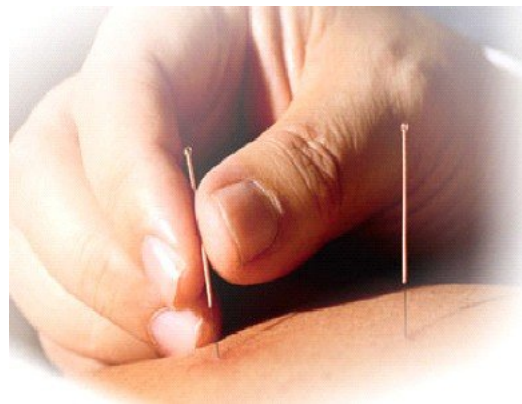
Musculoskeletal Disorders: Low back pain, muscle, tendon or joint pain and stiffness, sports injuries

Gastrointestinal Disorders: Heartburn, abdominal pain, irritable colon, diarrhea, constipation, nausea, indigestion, acid reflux

Gynecological Disorders: PMS, irregular, heavy or painful menses, menopause symptoms, morning sickness, infertility

Emotional & Psychological Discomfort: Depression, anxiety, tension headache, insomnia, stress management

Neurological Discomfort: Headache, sciatica, nerve injuries, chronic pain syndrome, Bell's palsy



Mary Anne's Bio:

Mary Anne received her Masters Degree from Mercy College, in New York in 2003. At the time, Mercy College offered an intensive 3 year program in Oriental Medicine, with a strong emphasis on Western Science. This unique approach included more than 1200 hours of clinical time based in a hospital, in both out patient clinic and in-patient care. In addition to her Masters education, she has been studying with Taoist priest and Master of Chinese Medicine, Jeffrey Yuen, for the past 6 years.

She has also had the opportunity to study herbs as an advanced student, in Hong Zhou, China at Zhe Jiang Hospital.



“We all experience various forms of pain and discomfort. As a practitioner, I want to help people develop insight of their body and mind so they may evolve to healthier, joyous levels of experience and consciousness.” Mary Anne Bachia