

Cycling Schedule

Monday

5:30-6:15am Tricia
9:15-10:15am Molly
5:45-6:30pm Christa

Tuesday

6:00-7:00am Christine
9:15-10:15am Wes
12:00-1:00pm Jen
5:45-6:45pm Wes

Wednesday

6:00-7:00am Christa
9:15-10:15am Wes
5:45-6:30pm Dan

Thursday

6:00-7:00am Jen
9:15-10:15am Molly
12:00-1:00pm Staff

Friday

5:30-6:15am Dan
9:15-10:15am Tricia

Saturday

8:30-9:30am Molly
9:45-10:45am Molly

Sunday

9:00-10:00am Christa

