

# Gymnasium Schedule: Fall 2010 Sept thru Oct

Time	Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday	
	Court 1	Court 2	Court 1	Court 2	Court 1	Court 2	Court 1	Court 2	Court 1	Court 2	Court 1	Court 2	Court 1	Court 2
5:00														
5:30														
6:00	Open Gym	Open Gym*	Open Gym	Open Gym*	Open Gym	Open Gym*	Open Gym	Open Gym*	Open Gym	Open Gym*				
6:30	5:00-9:00	5:00-4:00	5:00-9:00	5:00-11:30	5:00-9:00	5:00-11:30	5:00-9:00	5:00-11:30	5:00-9:00	5:00-11:30				
7:00											Family Court	Open Gym	Open Gym	Family Court
7:30											7:00-9:00	7:00-9:00	7:00-8:30	7:00-8:30
8:00														
8:30														
9:00														
9:30														
10:00	Kidshore		Kidshore		Kidshore		Kidshore		Kidshore		Kidshore	Geoff Golden	Adult Basketball 18 & Up 8:30	
10:30	Activities		Activities		Activities		Activities		Activities		Activities	Lil Hoopsters	- 10:30	
11:00	9:00-11:30		9:00-11:30		9:00-11:30		9:00-11:30		9:00-11:30		9:00-11:30	9:00-11:00	Open Gym	Kidshore
11:30														
Noon	Pick up *		Open Gym	Pick-Up*	Open Gym*	Pick-Up*	Open Gym	Pick-Up*	Open Gym	Pick-Up*	Pick-Up	Open Gym	10:30-1:00	Open Gym
12:30	Basketball		11:30-1:00	Basketball	11:30-1:00	Basketball	11:30-1:00	Basketball	11:30-1:00	Basketball	Basketball	11:00 - 5:30		Open Gym
1:00	11:30-1:30			11:30-1:30		11:30-1:30		11:30-1:30		11:30-1:30	11:00-1:30			
1:30													Geoff Golden	
2:00	Open Gym*	Open Gym*											3 on 3 Fall	
2:30	1:30-3:00	5:00-4:00	1:00-5:30	Open Gym*	Open Gym*	Open Gym*	1:00-5:30	Open Gym*	Open Gym*	Open Gym*	Geoff Golden		Youth League	
3:00			Geoff Golden	1:30-3:00			Geoff Golden	1:30-3:00			1:30 - 5:30		Girls 1:00-2:30	
3:30				Family*				Family*			Family*		Boys 2:30-4:00	
4:00				Court				Court			Court			
4:30	3:00-7:00	Family Court		3:00-5:30	1:00-7:00	Family Court*	1:00-7:00	3:00-5:30	1:00-7:00	3:30 - 10:00	3:30 - 10:00		Open Gym	Family Court*
5:00	Geoff Golden	4:00-6:30			Geoff Golden	4:00-7:00			Geoff Golden				4:00-6:00	4:00-6:00
5:30		possible												
6:00		Volleyball												
6:30			Basketball League \$\$									Pick-Up	Pick-Up	Pick-Up Basketball
7:00		Pick-up	5:30-10:00									Basketball	Basketball	6:00-7:00
7:30	Open Gym*	Volleyball												
8:00	7:00-10:00	6:30 - 10:00												
8:30														
9:00														
9:30														
<b>Court 3</b> *Kidshore Gym - Available for Family Court or gym rental on Saturday's and Sunday's from 1-7p.m. For rentals contact Paula in Kidshore or plambert@powerwellness.com														

\*Please note: in the event of inclement weather or special school schedules, the gym may be closed in order to accommodate Kidshore and/or camp numbers; thank you.

\$\$ indicates a fee-based activity; please register via the front desk.