

**Group Exercise  
Labor Day Schedule**

- **8:15 Cardio Sculpt Low w/Dot**
- **9:15 Cycle w/Molly**
- **9:15 Cardio Blast w/Nancy**
- **10:30 Chisel w/ Molly**
- **10:00 Yoga w/Jyoti**

**LABOR DAY**

**Monday, September 6**

**Club Hours 7am — 5pm**