

Gym Schedule: January 15 thru January 31 2012

Time	Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday		
	Court 1	Court 2	Court 1	Court 2	Court 1	Court 2	Court 1	Court 2	Court 1	Court 2	Court 1	Court 2	Court 1	Court 2	
5:00															
5:30															
6:00	Shared Gym 5:00-9:00	Shared Gym 5:00-9:15	Shared Gym 5:00-9:00	Shared Gym 5:00-9:30	Shared Gym 5:00-9:00		Shared Gym 5:00-9:00	Shared Gym 5:00-9:00	Shared Gym 5:00-9:30	Shared Gym 5:00-8:30	Shared Gym 5:00-11:30	Shared Gym 5:00-11:30			
6:30															
7:00													Family Court 7:00-9:00	Family Court 7:00-8:30	
7:30															
8:00															
8:30															
9:00	Kidshore Activities 9:00-11:00	Kangoo 9:15- 10:15 *subject to change for SDO 1/16	Kidshore Activities 9:00-11:00	SBOOT CAMPS 9:30-10:30	Kidshore Activities 9:00-11:00		Kidshore Activities 9:00-11:00	SBOOT CAMPS 9:30-10:30	Kidshore Activities 9:00-11:00	Kidshore Activities 9:00-11:00	Kidshore Activities 9:00-11:30	Shared Gym 7:00-11:00	Adult Basketball 18 & Up 8:30 - 10:30		
9:30															
10:00															
10:30		Shared Gym 10:15-11:15		Shared Gym 10:30-11:30					Shared Gym 10:30-11:30						
11:00															
11:30		Pick-up Basketball 11:30-1:30		Pick-Up* Basketball 11:30-1:30					Pick-Up* Basketball 11:30-1:30		Pick-Up* Basketball 11:00-1:30		Kidshore 10:30-12:00	Shared Gym	
Noon															
12:30	Shared Gym 11:00-4:00		Shared Gym 11:00-5:30		Shared Gym 11:00-4:00		Shared Gym 11:00-5:00		Shared Gym 11:00-4:00	Shared Gym 11:00-4:00	Shared Gym 1:30-4:00	Shared Gym 1:30-4:00	Family court 11:30-1:30	Shared Gym 1:30-5:00	Shared Gym 12:00-6:00
1:00															
1:30		Shared Gym 1:30-4:00		Shared Gym 1:30-4:00											
2:00															
2:30															
3:00															
3:30															
4:00															
4:30	JUMP N ROPE 4:00-8:00	Family Court 4:00-6:00		Family Court 4:00-5:30	Jump N Rope 4:00-5:30		Team Boulder	Team Boulder	Family Court 4:00-5:30	Youth Pick Up Basketball 4:00-5:30	Family Court 4:00-5:30			Family Court 4:00-6:00	
4:30															
5:00															
5:30															
5:30			Balboa YACP 5:30-7:00		half 5:00-5:30 full 5:30-6	half 6-6:30	half 5:00-5:30 full 5:30-6	half 6-6:30	SBOOTCAMP 6:00-7:00	Balboa YACP 5:30-7:00			Pick-Up Basketball 5:00-7:00	Pick-Up Basketball 6:00-7:00	
6:00		SBOOT CAMPS 6:00-7:00			Jump N Rope 6:00-8:00										
6:30															
7:00		Pick-up Volleyball 7:00-10:00		Thunder Baseball Practice 7:00-9:00											
7:30															
8:00	Shared Gym 8:00-10:00		Shared Gym 7:00- 10:00		Shared Gym 8:00-10:00				Men's League 6:30-7:00 HALF COURT 7:00-10:00 FULL COURT	Shared Gym 7:00-10:00	Pick-Up* Basketball 7:00-10:00				
8:30															
9:00															
9:30															
Court 3 Kidshore Gym-Available for Family Court or gym rental on Saturdays and Sundays from 1-7pm. For rentals contact Paula @ 303-729-2552 xt 112 or plambert@powerwellness.com															

PLEASE SEE FRONT DESK FOR HOLIDAY HOURS AND CLASSES