

Pilates

REFORMER SCHEDULE

Monday

10:00 am.....Tracy
1:00 pm.....Taylor
5:15 pm... Debbie

Thursday

8:30 am.....Matt
9:30 am.....Debbie
4:15 pm.....Matt

Friday

6:15 am.....Matt
8:30 am.....Taylor
10:00 am.....Melanie

Saturday

10:00 am.....Taylor

Sunday

9:30 am.....Matt

